

# Local Resources

***Resolve Crisis Services***

**888-796-8226**

***Allegheny County Peer Support Warm Line***

**866-661-9276**

***NAMI of Allegheny County***

**412-366-3788**

***[www.namikeystonepa.org/](http://www.namikeystonepa.org/)***

## *Local Resources (cont)*

***Mercy Behavioral Crisis Center:***  
**(877) 637-2924**

***Western Psychiatric Institute***  
**412-864-5067**

# Suicide Support Groups

## *Lifeline of Listening Friends – East Pittsburgh*

Contact Jack Shaw at 412-508-5383

1st Tuesday of each month

## *Lifeline of Listening Friends – O'Hara Township/Fox Chapel Area*

Contact Karen at 412-963-8628

1st Wednesday of each month

## *Lifeline of Listening Friends – South Hills (Brookline)*

Call Jack at 412-508-5383

3rd Wednesday of each month

# Prevent Suicide PA



[www.PreventSuicidePA.org](http://www.PreventSuicidePA.org)



***Suicide Awareness Events***

# QPR

***Suicide Prevention trainings***

**Drive Out SUICIDE**  
[www.DriveOutSuicide.org](http://www.DriveOutSuicide.org)

Drive Out Suicide is a suicide prevention awareness campaign by the PA Adult/Older Adult Suicide Prevention Coalition.

Be a driver. 

Follow. **facebook.**  
Search "Drive Out Suicide"

Tweet.  **#DriveOutSuicide**

Learn more and follow the live blog at [www.DriveOutSuicide.org](http://www.DriveOutSuicide.org).

***Drive Out Suicide***

# Resources

- *National Suicide Prevention Lifeline*  
[www.suicidepreventionlifeline.org/](http://www.suicidepreventionlifeline.org/)



- *American Association of Suicidology*  
[www.suicidology.org/](http://www.suicidology.org/)



- *Survivors of Suicide*  
[www.survivorsofsuicide.com](http://www.survivorsofsuicide.com)

- *QPR (Question, Persuade, Refer)*  
[www.qprinstitute.com/](http://www.qprinstitute.com/)



- *Crisis Text Line*  
[www.crisistextline.org](http://www.crisistextline.org)  
Text 741-741



- *Institute on Aging Friendship Line*  
[www.ioaging.org/services/all-inclusive-health-care/friendship-line](http://www.ioaging.org/services/all-inclusive-health-care/friendship-line)  
800-971-0016



- [Local Hospital/Crisis/911](#)



Prevent Suicide.

My e-mail address

**Govan Martin**

[gmartin@preventsuicidepa.org](mailto:gmartin@preventsuicidepa.org)

**717-418-7981**